



# GLOBAL HANDWASHING DAY

**OCTOBER 15**

**ALWAYS WASH YOUR HANDS!**



**BEFORE  
HANDLING FOOD**



**AFTER USING  
THE TOILET**



**WET**  
Just enough  
water to cover  
your hands



**LATHER**  
For 20  
seconds



**RINSE**  
With running  
water

**CLEAN HANDS  
SAVE LIVES!**