



SPECIFIC GUIDELINES PACK

This document acts as a guide to the specific considerations and undertakings for your potential attempt on the Guinness World Records™ category and is used in conjunction with the Record Breakers' Pack, which outlines the evidence required to prove your attempt's success. This should be read and understood by all concerned with the record attempt prior to the attempt – this includes every participant, organiser and witness.

These guidelines are specific to your attempt and **must** be followed. Should any guideline be contravened, your attempt will be disqualified, without any right of appeal.

Please note that, as detailed in the Agreement Regarding Record Attempts, these guidelines in no way provide any kind of safety advice or can be construed as providing any comfort that the record is free from risk. Guinness World Records will not accept responsibility for the safety of participants or bystanders in any record attempt. It is your sole responsibility to ensure that all necessary safety precautions are in place and that all equipment used is suitable and thoroughly checked prior to the record attempt taking place and in compliance with any and all local health and safety laws and regulations.

MOST PEOPLE WASHING THEIR HANDS – MULTIPLE LOCATIONS

DEFINITION OF RECORD

This record is for the greatest number of people washing their hands, held simultaneously at different venues, which has been set up by the same organisation.

SPECIFIC GUIDELINES FOR ‘MOST PEOPLE WASHING THEIR HANDS’

1. Each person participating must have a soap, a towel and a method of rinsing, e.g. a sink with running water or bottled water.
2. At a given signal, all participants must follow the steps below:
 - 45 Turn on water, preferably to a warm, comfortable temperature.
 - 45 Use approximately a dime size squirt of liquid hand soap.
 - 45 Lather and rub hands together for at least 20 seconds.
 - 45 Be sure to wash well between fingers and under nails, although using a nail brush is not necessary.
 - 45 Rinse all soap off hands.
 - 45 Using a towel, dry hands completely.

GENERAL ‘MASS PARTICIPATION – MULTIPLE VENUE’ GUIDELINES

The name of the organisation, company or person(s) making the attempt must be given, along with the date and place.

The event must take place in a public place or in a venue open to public inspection.

Attendance numbers must be accurately confirmed by means of either registration into a logbook, by turnstile or by a ticketing system to count the participants. This is essential and must be done efficiently. The method to be used must be pre-approved by *Guinness World Records*.

The two overall independent witnesses must confirm the exact and final figure of total participants in their statements.

Sufficient stewards must be involved to ratify that all the contestants fully participate in the attempt – stewards must be placed in such a way that every part of the record attempt area is visible to the officials.

Every participant does NOT have to sign an Agreement Regarding Record Attempts. This is only for the organizers.

There must be a minimum of 25 participants per location.

There must be at least 10 different venues.

The total amount of venues used and their location must be submitted with the documentation.

The event must be synchronized so that it occurs simultaneously in all locations and time zones. The local time at each venue must be included in the documentation.

The same format must be followed at each location.

After the event, the witness statements from each location and all other verification as per the general guidelines must be sent to the main organiser, who is then responsible for collating all the information and sending a complete claim to Guinness World Records.

No individual claim packs from single locations will be accepted by Guinness World Records.

ADDITIONAL EVIDENCE

Logbook with names and signatures of participants, countersigned by independent witnesses.

- No 'ditto' marks accepted
- The participants must print and sign their name and this log must then be signed by the two witnesses to confirm the participation of the individuals in the attempt. Should anyone not follow the rules set for this category or drop out before the attempt, their entry must be marked with a line through their entry and be initialed or signed by the witnesses. See below for a simple example of the information required.

Failure to include the required documentation will ultimately delay the outcome of your claim or lead to its rejection.

LOG BOOK EXAMPLE

Participant number	Participant name (print)	Participant signature	(Parent signature)	Witness 1 signature	Witness 2 signature
1					
2					
3					
4					